

What is a Satellite Club?

- Satellite clubs are local sport and physical activity clubs designed to support young people to develop more regular activity habits.
- Satellites clubs should be linked to a community sports club or a regular physical activity opportunity.
- A Satellite Club can be established as a stand-alone club, where there is a demand.
- New sessions can be: more informal, have flexible membership and run at times and venues convenient/familiar to young people.
- All Satellite Clubs must have a clear sustainability plan in place to support continuation beyond the start-up funding.

Target Audience?

- Young people aged 14-19.
- Satellite Clubs are targeted at inactive or irregularly active young people who do not currently take part in regular activity.
- Supporting young people to change their attitude towards activity and change their behaviour to become more active.
- Priority will be given to projects that support one or more of the following target groups:
 - Female,
 - Disadvantaged/deprived,
 - Disabled,
 - Black and minority ethnic groups,
 - Inactive young people.
- Supporting young people at points of disruption in their lives e.g. leaving school/college or starting college/university or working life.
- Projects with an additional focus beyond activity such as personal development, physical wellbeing, mental wellbeing or community development.
- All projects must show an insight led approach, with clear evidence of consultation with young people in the design of the club.

Support available

- Active Surrey will provide support to plan your project.
- Help to identify demand amongst young people in your setting.
- Support to find a suitable coach/club to deliver activity.
- **Start-up funding for 30 weeks to establish a Satellite Club and support to sustain the club.**

To find out more, or to arrange a meeting contact:

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