Additional Resources

What	Details	Where to go		
Surrey practical support				
Stripey Stork referrals	Direct support for families.	https://stripeystork.org.uk/referrals/		
Resources for professionals	Bank of local and national practical support, financial support and grants.	Resources for Professionals - Stripey Stork		
Gatwick Foundation fund	Grants are available for local projects that support young people, improve health and wellbeing, tackle social isolation and disadvantage, or raise aspirations and employment opportunities.	Apply for funding from Gatwick Airport		
Family Grants for low-income families	Money Saving Expert Family grants.	The Cost of Living Crisis in Surrey Surrey- ihttps://www.moneysavingexpert.com/family/grants- low-income/		
Sports coaching bursaries	Bursaries: are intended for young people (10-23yrs old) to encourage them to get involved in Sports Coaching (Coaching Bursaries) or assist their Sporting achievements (Sports Bursaries).	Grants & Loans Surrey Playing Fields Association - Surrey Playing Fields		
Community Foundation for Surrey	Community grants and funding.	Home - Community Foundation for Surrey		



Better Leisure Warm Welcomes	Warm centres for families.	https://www.better.org.uk/leisure-centre/mole-valley/dorking-sports-centre/news/dorking-sports-centre-to-offer-warm-welcomes-to-the-community-this-winter		
Surrey information and services				
Community Foundation Surrey 'Surrey Uncovered report' 2013	Detailed report into poverty across Surrey.	2279 Surrey uncovered final LR.pdf		
The Good Company	End poverty pledge resources (includes Cost of school day project and video shared in Coffee & Chat)	https://goodcompany.org.uk/end-poverty-pledge- resources/		
BBC radio interview with Epsom foodbank client.	Epsom Food Bank Client Charlotte talks to BBC Radio Surrey about her experience of falling into poverty after losing her full-time job just as the cost-of-living crisis began.	https://www.youtube.com/watch?v=le3wf2cntog		
End Child Poverty 'behind the stats' account.	Liv, a young End Child Poverty ambassador with lived experience of poverty, shares her experiences of child poverty here.	https://endchildpoverty.org.uk/lives-behind-the-stats/		



National information and services				
Effects of Poverty Child Poverty Action Group	National statistics and information.	Effects of poverty CPAG		
Opening Doors: Access to early childhood services for families impacted by poverty in the UK	Detailed report with voices from families impacted by poverty and recommendations for professionals.	Opening Doors: Access to early childhood services for families impacted by poverty in the UK		
Child poverty: statistics, causes and the UK's policy response – House of Lords	Full report containing statistics.	Child poverty: Statistics, causes and the UK's policy response - House of Lords Library		
Food bank stories.	The Trussell Trust's recent set of videos presenting the stories of real families needing support from food banks, and why.	https://www.trusselltrust.org/who-needs-food-banks/		
The Children's Society: Children on the move.	The Children's Society shared this story of a young boy living in poverty, with insecure housing.	https://www.childrenssociety.org.uk/what-we- do/blogs/children-on-the-move		
Young Enterprise financial education.	Financial education resources for teachers.	https://www.young-enterprise.org.uk/teachers- hub/financial-education/		
NatWest Thrive	Financial education resources for young people, families and youth workers.	Thrive Kids & Teens financial wellbeing NatWest Accounts		



A special thank you to Good Company who shared more of Louisianna's story with us (the girl we saw in the video clip):

L was one of the students who took a very active part in our Cost of the School Day project at Epsom & Ewell High School. She was quiet but determined from the start and grew in confidence throughout the project, taking an active part in the conversations and presentations to staff, as well as coming back to school after the end of term to do the filming for the staff training video.

Coincidentally, we knew L's mum through the Foodbank. L explained that her mum couldn't read and that she had, therefore, taken on responsibility for reading letters and dealing with paperwork. She had missed out on about six months of schooling during the covid lockdown, because she didn't have a laptop at home and couldn't join in the online lessons. In spite of this, she had pushed herself against adversity to do well at school and has plans to go to college.

As a result of this and other experiences, she was very passionate about these issues. L wanted to use her own story to chall enge where she thought things were not right and make a difference to change things for the better for others. She wrote out her presentation to staff in full, because she was nervous and had so much to say.

For L, the biggest issue was around improving access to support, particularly where there are additional barriers, such as parental literacy. She spoke passionately about how the information given to parents was not sufficiently clear and how they may not reach out for help due to confusion and embarrassment, preferring to "suffer in silence" even this means this means their child's education is adversely affected and they miss out on school trips and other activities.

She shared her own experience during the pandemic and made a plea for the school to do more to publicise the support that is available in a more accessible way, for example via the school's YouTube platform and social media, as well as the school website. At the same time, she recognised the free textbooks and stationery that were offered to year 11 students in preparation for their GCSEs as a positive example of what the school had done to support students like her.

We enjoyed getting to know L and were inspired by her enthusiasm for the project, which spread to the rest of the group and to the staff, and we wish her all the best for the future.

